





### **OPERATING HOURS**

Office Hours: Monday – Saturday 8h00 – 17h00 Sunday 8h00 – 13h00 After Hours: By prior arrangement only

## **SPA PACKAGES**

### Half-Day Spa Treatments (2 ½ hrs) R1700PP

#### Day to Day stress relief

Full body aromatherapy massage, Hydrating Facial, Specialized foot exfoliation and massage, Complementary Lunch Voucher of R100 Per person and a pair of slippers

**R1350PP** 

**R1980PP** 

R2300PP

## Bridal Package 1 (2 ½ hrs)

Get ready for your big day

Back Neck and Shoulder Massage, Hydrating facial, Specialized foot scrub and pedicure Complementary Lunch voucher of R100 per person & free pair of slippers

## Bridal Pamper Party (1 ½ hrs) R810PP

Hand massage, foot massage, aromatherapy back, neck & shoulder massage.

#### Wednesday & Thursday Madness R750PP

(Not Valid in December & Public/School Holidays) Full Body Massage, Specialized foot scrub and pedicure & free pair of slippers

### Body and Mind (3 ½ hrs)

Full Body Exfoliation, Full Body Hot Stone Massage, Hydrating Facial, Complementary Lunch Voucher of R100 per person & free pair of slippers

# **Full-Day Treatments**

### Head to Toe Full Day (5 hrs)

Full Body Hot Stone Massage, Full Body Exfoliation, Specialized Foot Exfoliation and Massage, Specialized Facial, Indian Head Massage, Complementary Lunch Voucher of R100 per person & free pair of slippers

# **Overnight Packages**

### **Two-Day Overnight Package**

#### Day One

Hydrating Facial, Specialized Hand Exfoliation & Massage, Indian Head Massage including Back & Neck

#### Day Two

Full Body Hot Stone or Aromatherapy Massage, Specialized Foot Exfoliation, Full Body Exfoliation, Complimentary Breakfast, R100-00 Lunch Voucher & free pair of slippers

Complete Experience per couple – Standard Room-------R5490 Complete Experience for one person – Standard Room-------R3950

## **INDIVIDUAL SPA TREATMENTS**

### **SKINCARE TREATMENTS**

All skin care treatments start with a tranquil welcome ritual, to promote relaxation and enhance the enjoyment of the experience.

## Kalahari Hydration Facial (45 min)------R520PP

Focused on hydration this is a moisture-boosting treatment suited to all skin types, improves skin vitality and texture, helps to prevent premature aging, and leaves the skin hydrated, balanced, and smooth.

### Specialized Treatments (60 min)

Anti-Ageing Facial • Specialized Men's Facial

## MASSAGES

All massage treatments start with a tranquil welcome ritual, to promote relaxation and enhance the enjoyment of the experience.

Relaxing De-Stress Hot Stone Full Body (	(90min)R1010PP
Relaxing De-Stress Hot Stone Full Body	

Aromatherapy Full Body Massage 90min	R930PP
Aromatherapy Full Body Massage 60min	R600PP
	- R1000PP
Soya Candle Full Body Massage (60min)	- R650PP
Sugar Buff Full Body Exfoliation (45 min)	R550PP

## **Couples Massages**

Couples Massages Aromatherapy Full Body (60min)	
Couples Soya Candle Full Body Massage (60min)	R1170
Couple Hot Stone Full Body Massage (60min)	R1170

### **Back Neck & Shoulders**

Hot Stone Massage 60min 30min	R760PP R400PP
Aromatherapy Massage 60min 30min	R700PP R370PP
Indian Head Massage 60min 30min	
Soya Candle Massage 60min 30min	R760PP R400PP

## HAND & FOOT TREATMENTS

Treating and focusing on the natural enhancement of the nails, skin, and muscles in the hands and feet.

Calabash spa pedicure with exfoliation and massage (45min)	2330PP
Calabash spa pedicure exfoliation and paraffin wax (60min)R	2350PP
Calabash manicure with exfoliation and massage (45mins)	2330PP
	R350PP
Foot Soak & Massage (30min)F	R330PP
Hand Soak & Massage (30min)F	2330PP

## **KIDS TREATMENTS**

Treatments for kids 10 years and under

Back massage (15min)	R210PP
Full body massage 30min)	R340PP
Mini pedicure (30min)	R190PP
Mini Manicure (30min)	R190PP
Mini Facial (30min)	R300PP

### HAIR REMOVAL

In Spa hair removal has a longer lasting hair-free result, professional products are used pre and post-treatment. Your therapist will assist you in choosing the best method of service.

### WAXING

Hot / Strip waxing	R110PP
Lip Wax	R110PP
Chin Wax	R110PP
Eyebrow Wax	R140PP
Bikini Wax	R140PP
Brazilian Wax	R190PP
Under Arm Wax	R110PP
Foot Wax	R110PP
Chest Wax	
Stomach Wax	R140 - R190PP
Arm Wax	R140PP
Back Wax	R200PP
Full Leg Wax	R190PP
Three Quarter Leg Wax (one hand above the kn	ee) R160PP
Half Leg Was (On the knee)	R140PR

### TINTS

Eyebrows	R110PP
Eye Lashes	
Shape (tweezer)	R110PP

#### **CANCELLATION POLICY & NO-SHOW POLICY**

Rescheduling within 48 Hours of your date will result in a 100% forfeit of the full value of your spa booking and a cancellation fee will be chargeable.

Cancellation of a booking will result in a 100% forfeit of the full value of your spa booking and the full fee will be charged for.

No-show will result in 100% of your spa booking and the full fee will be charged for. Late Arrivals in case of late arrival, your treatment time may be reduced to fully utilize your allocated booking time. Other appointments will not be delayed.

#### PLEASE TAKE NOTE ALWAYS UPSTAIRS DAY SPA HOLDS A STRICT NO REFUNDS POLICY

#### **GROUP BOOKINGS**

Strictly 100% Payment is required to confirm the booking.

#### **PAYMENT POLICY**

A 50% deposit is payable 48 hours after receiving your spa invoice to reserve your spa booking. The balance may be paid by cash, Visa, Master cards, or Debit Cards on your spa day. Please email the proof of payment through to the spa with your Name and Surname as a reference.

### **CONTACT DETAILS**

Emerald Resort and Casino Hotel 777 Frikkie Meyer Boulevard Vanderbijlpark

Head office - 064 820 3447 Office Hours Monday - Friday Spa Reception - 016 982 8132

www.alwaysupstairs.co.za info@alwaysupstairs.co.za

We look forward to pampering you and making your day a Special one